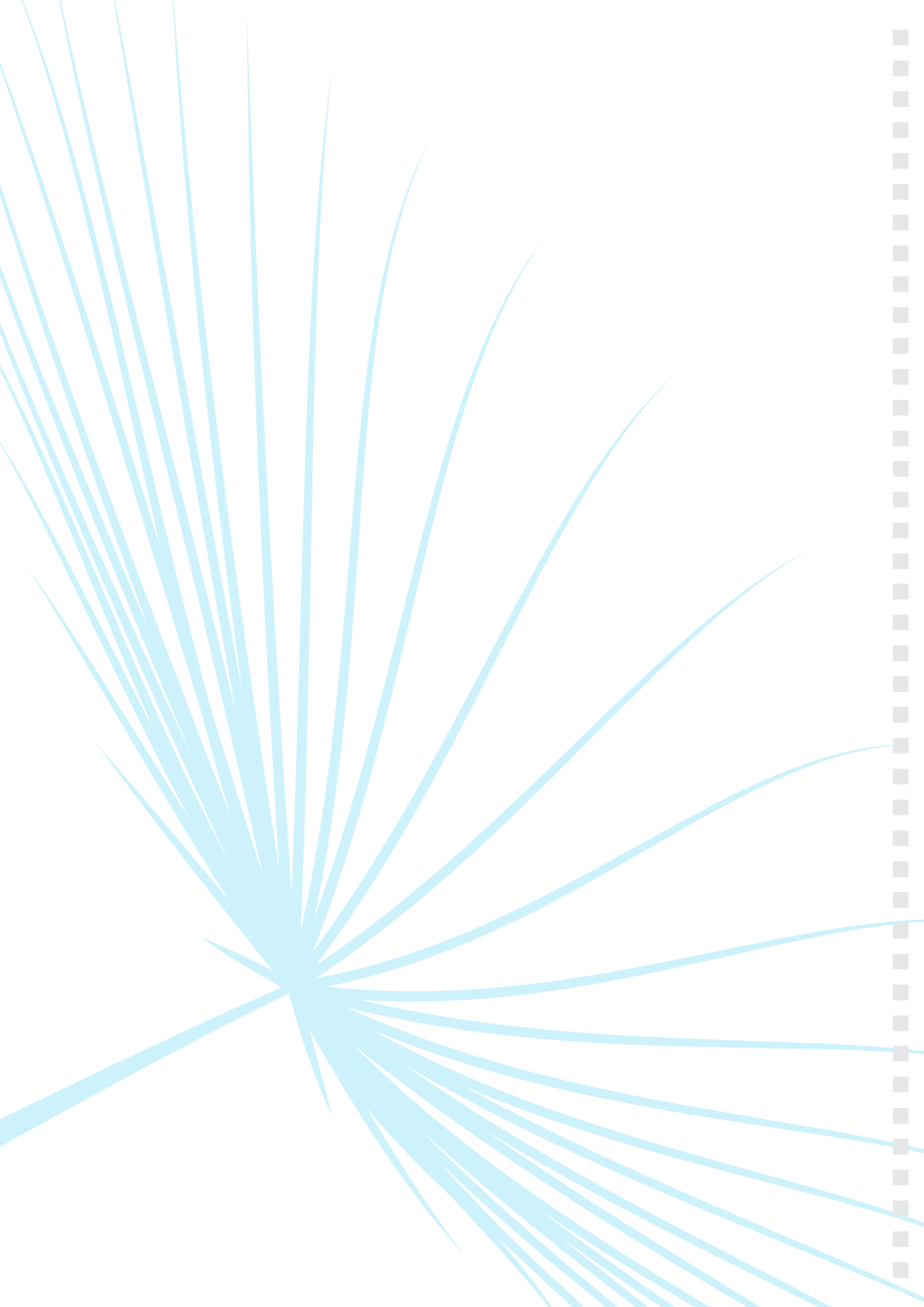




UPLIFTING

ARTS PROGRAMMING AT DERBY HOSPITALS

Twilight by Deborah Allitt



Foreword

“The arts programme at Derby Hospitals NHS Foundation Trust has gradually developed over the last three years into a dynamic, innovative and effective programme that is now embedded into the hospital culture.

Its diverse range of opportunities for patients, visitors and staff to engage with the arts has ensured we are able to offer a unique experience; whether through viewing the 2d exhibitions, listening to the music performances or through dedicated departmental participation programmes.

This has been achieved through funding from Arts Council England, Derby Hospitals Charity and Derby Healthcare Plc.

Evaluation of the impact of arts within the hospital has provided evidence to support the benefits of all art forms, and how it has been able to improve patients, visitors and staffs experiences of the hospital.

Despite the potentially challenging times ahead in the provision of acute healthcare we are committed to ensuring that arts remains a prominent feature in our facility. ”

Julie Acred CBE, Chief Executive of Derby Hospitals NHS Foundation Trust.

Derby Hospitals 
NHS Foundation Trust

This is the executive summary of an evaluation of the 'air arts to aid wellbeing' project (air) co-ordinated throughout the Derby Hospitals NHS Foundation Trust, including Royal Derby Hospital and London Road Community Hospital.

About the Evaluation

The evaluation was conducted by a research team from the Faculty of Medicine of Health Sciences at the University of Nottingham. Directed by Dr Theodore Stickley and largely implemented by Brian Crosbie (Research Associate), between March 2009 and April 2010. This summary explores some of the work that has been undertaken to bring art and the appreciation of art to the context of health and wellbeing as it is practised and encouraged within the Trust over the past 3 years.

The full report can be downloaded from www.airarts.net

Why have Arts in Healthcare Environments

The arts and health agenda is recognised by both the Department of Health and the Arts Council England (DH & ACE, 2007; ACE, 2007).

Arts intervention in health and wellbeing continues to grow and establish itself as an important component in supplementing the delivery of healthcare. At the same time academic research and evaluation both qualitative and quantitative have sought to record and report on the impact of arts and health.

“Research evidence shows that an engaging and stimulating hospital environment can assist in quicker recovery rates for patients as well as help with the recruitment and retention of staff.”

Lynne Fryatt,
Assistant Director of Nursing (Clinical Governance),
Derby Hospitals NHS Foundation Trust.

The Trust

Derby Hospitals NHS Foundation Trust is responsible for the Royal Derby Hospital and the London Road Community Hospital . Recognised by the Department of Health as a high performing Trust (Care Quality Commission ratings 2009 – excellent for use of resources and quality of service).

Serving a population of approximately 600,000 people in and around Southern Derbyshire the Trust provides a wide range of services including general medical, surgical, orthopaedic, women's and children's, rehabilitation and cancer care along with a range of emergency services, with a total of 1,187 beds. The £334 million Royal Derby Hospital opened in 2009.

Derby Hospitals NHS Foundation Trust Arts Strategy

In 2004 identifying the need for a coherent approach to arts and design in the new building, an arts strategy was developed by the Trust through its Design Arts and Wayfinding Group (DAW). At its heart the Trusts Arts Strategy sets out the following intentions;

“To develop a high quality programme of arts that adds to the quality of the new building, supports the healing process, engenders civic pride, and helps build relationships between the hospital and the community. A programme that supports the healing process with high quality art, which helps to create a therapeutic environment and a place in which patients, visitors, and staff can engage positively with their surroundings.”

The evaluation reviews what distance has been travelled to meet these aims.



Wild Flowers by Paul Cummins

Building Aesthetic Values into the Fabric of the Hospital

In its status as a successful and progressive provider of healthcare, Derby Hospitals NHS Foundation Trust has maintained its strategic commitment to adding patient value through enhancing the environment of the hospital for patients, visitors and staff.

From the initial development of the Royal Derby Hospital - in its architecture and interior design- there are many features which encompass a cohesive aesthetic approach to the built environment. In many areas of the hospital's integral structure, thought has gone into how patients and visitors might perceive the building.

This design is enriched, reinforces or assists with the considered use of visual arts.

DAW are expected to support an ongoing and responsive strategy affording the best possible interaction between the building and it's patients, visitors and staff.

The following comment, encapsulates this:

“The building involves three approaches: design, aesthetics, and art. See, art is not simply the picture on the wall, it can be three dimensional it could be light... art should be dynamic, I find function and art a grey area, art can be functional in this case with helping way-finding. Signs are only one element art has function as landmarks. It is easy to repeat the building design in such a large building. So better to say to visitors to look for a feature- a piece of art.”

Derrick Conway, DAW Group Chair, Assistant Director Estates, Derby Hospitals NHS Foundation Trust.



Forms that Grew in the Rain by Laura Ellen Bacon



Light the Timepiece for Royal Derby Hospital

How is the programme managed?

The 'air arts to aid wellbeing' project is devised and managed by Juliet Cooper in response to the Trusts arts strategy. Juliet is supported in delivering the Trusts ambitions by Nicki Hoon across the programme and Shelley Cummings who project manages a number of the departmental arts commissions and arts events.

The Arts Coordinator post was originally mentored by Derby City Council arts team and continues to be actively supported in its development by them.

The **air** team reports to and is guided on all Trust matters by DAW which includes representatives from across the hospital, plus importantly clinical staff, patient and volunteer representatives.

How is the programme paid for?

The **air** programme is achieved through fund-raising, donations and 'in kind' support. Particular acknowledgment goes to Derby Hospitals Charity, Derby Healthcare, Healthcare Projects and local groups; for example – Living Derby, University of Derby, Derby City Council and Banks Mill Studios, as well as a significant number of local artists.

In 2008 **air** successfully bid for two years programming funds from the Arts Council England which impacted positively on the scope of the programme.

How does air work?

The report evaluates the development of the programme following its first 3 years based on a series of case studies and interviews with project partners and stakeholders. Ultimately the evaluators believe air is on a good footing to expand its activities for future patient benefits.

“At the commencement of our evaluation visits we were met with modest claims that progress had been made from the initial strategy and that goals had been achieved in terms of bringing art to the hospital and community. This modesty from the air team, especially Juliet, belied a concerted effort and artistic sophistication in what had already been achieved in delivering on the promises mapped out in the Trust's strategy.”

Brian Crosbie, Research Associate.

In interviews the Arts Coordinator equates the hospital to a 'little city' with a growing requirement for arts and culture to engage its communities and enrich its experience.

Just as a city encompasses diverse communities and cultures, so does a hospital (patients, visitors and staff).

There is a lot to be taken from this analogy and a lot to be gained for the Trust through its continued engagement with the arts.

A Moment's Distraction

“The air project at Derby Hospitals NHS Foundation Trust has lifted the environment at our hospitals to a new level of excellence the therapeutic values of arts in health is well documented but the programme effect on our environment here in Derby has been fantastic and compliments the carefully designed hospital environment perfectly. The carefully selected forms of art in the program I believe has had a positive effect on both patient well-being and staff attitude and promotes a feeling of pride in our environment.”

Paul Brooks - Head of Facilities Management
Derby Hospitals NHS Foundation Trust

air believes that art in hospital has a purpose in distracting and possibly reducing patient and visitor anxieties for brief moments. Be it assisting people through the hospital as way-finding points, or a screen to ensure patients privacy. Perhaps more importantly the art has the potential to engage people in its spectacle and in doing so it offers a distraction from the weight of anxiety surrounding personal and family illness. Hospitals, due to their size, can be impersonal places, **air** wants to add to that experience to make it better.



Arts and Crafts Bazaar

Offering a Full Range of Access Points

The priority for the programme is to offer greatest access to its audience by offering a varied and multi access pointed programme. Placing art work in busy public locations and increasingly working with departments to bring it directly to patients, visitors and staff, meeting needs with appropriate work as it is identified.

What makes air's strategy to promote art different, is the desire to make the experience of art in hospital dynamic and ever-changing. Connecting the programme to its own community, the city, county and region has brought to the hospital not only a changing programme of arts events but in that dynamism a varied taste from across all the arts including music, drama, sculpture and craftwork, as well as wall based visual art exhibition.

The programme constantly strives to communicate with and seek feedback from patients, visitors and staff. Utilising all communication routes available including staff magazines, email updates, posters and the use of social networking such as airarts.net blog and twitter. **air** seeks to communicate its arts strategy, share ownership of the programme and respond to needs practical and aesthetic as they arise from whatever quarter they appear.

Getting a Good Reputation for Partnership Working

air has reached out beyond the hospital site, to forge partnerships with local and regional artists and arts organisations. These partnerships include poets, visual artists, curators, designers, theatre groups, musicians and established arts organisations. In this endeavour to work with other agencies and artists and to bring them into the hospital environment to work, **air** has made links which benefit both the wider community and the hospital. For example, the hospital has built a name for itself as a credible venue where local artists and musicians can display their work and perform. With an annual audience of around 1.5 million visitors, patients and members of the hospital staff, this has proven to be a substantial platform for new and up and coming artist.

air vital statistics

For the period October 2008 to September 2010

Royal Derby Hospital has **12** public galleries which have shown the work of **42** different visual artists for a potential annual audience of **1.5million** patients and visitors and **7,500** staff.

The Hidden Histories hospital archive project has directly engaged over **750** patients, visitors and staff and reached an audience of **14,000** with the resulting exhibitions.

Poetry in the Waiting Room is on its 6th volume with each edition going to more than **100** locations across the trust for a vast readership of patients, visitors and staff. **air** arts supports **5** new public art commissions internal and external and a further **6** departmental enhancement schemes in clinical departments.

There have been **30** days of free live music performance in **8** public locations at both hospital sites reaching audiences of between **300** and **1500** each day.

There have been **47** participation workshops directly with patients in the Stroke Rehabilitation Unit, Macmillan Unit, Kings Lodge and Grove Wards.

Over the past 2 years **air** has worked with **191** regionally based artists, the majority from Derby and Derbyshire.

Impact

Royal Derby Hospital has made inroads in becoming a recognised arts venue across Derby city. As an exhibition venue for FORMAT, one of the country's leading Photography Festivals, SYNAPSE festival showcasing the region's best emerging contemporary artists and new partnerships with the cities Museum and Art Gallery.

Connecting to our Communities

From its conception the **air** arts programme has stood firm in its commitment to work with locally and regionally based artists wherever possible, feeding into and supporting its surrounding communities arts infrastructure with exhibition opportunities, commissions and sale of work.

Thematically when commissioning or selecting public art works **air** encourages the brief to reflect the materials and be inspired by the sights, scenes and themes of Derby and Derbyshire.

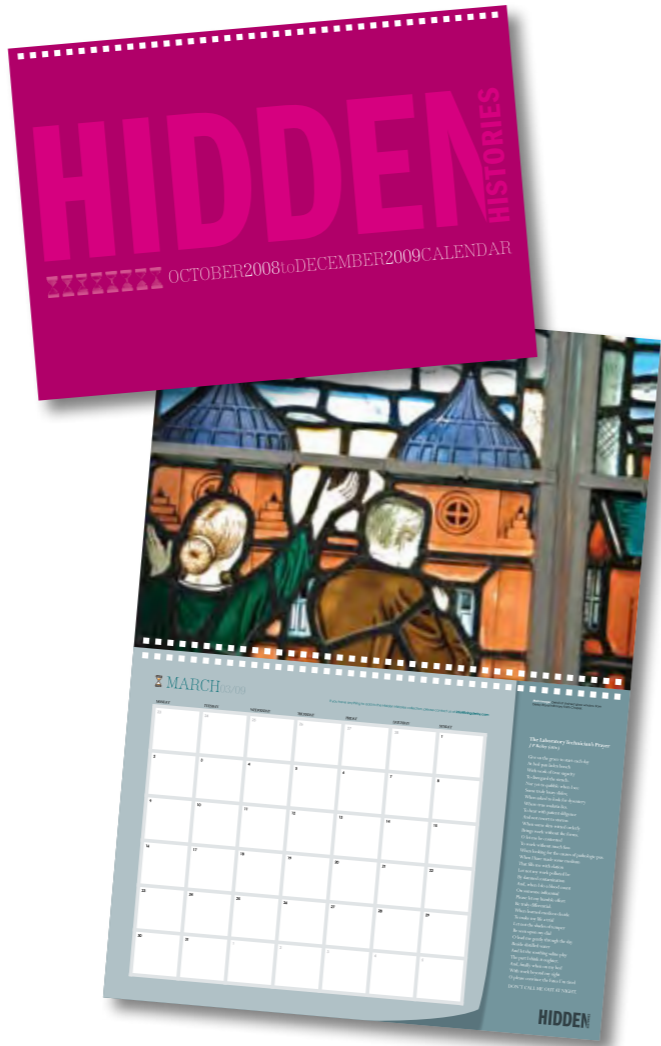
2010 saw the launch of the **air** community gallery in a central junction of the hospital. It features work inspired by the city and produced with its local communities.



Top: Aspiration Normanton
Above: 'Building Bridges' Launch

Hidden Histories

The past few years have experienced a significant upheaval for patients and staff from the former Derbyshire Royal Infirmary and Derby City Hospital to the newly built Royal Derby Hospital which was completed in 2009. Efforts were made to make that transition as meaningful as possible for all who might be involved. The Hidden Histories programme was developed in partnership with arts and heritage organisation Living Derby. In the past 3 years using a variety of art forms, Hidden Histories ensures artefacts and stories from the Derbyshire Royal Infirmary and Derby City General Hospital are gathered and retold for all to enjoy.



Hidden Histories Calendar



Hidden Histories Exhibition



Exhibiting Artist Heather Duncan

Dynamic and Curated Visual Arts Programme

Currently with 12 permanent locations at the Royal Derby Hospital contemporary visual art exhibitions and external installations are among the programmes most outstanding efforts to bring art to the hospital environment. Visitors walking throughout the hospital can come across an impressive array of modern and contemporary art exhibited by established and emerging artists.

What is perhaps unique within the **air** project, compared to many other art in hospitals programmes, is the efforts made to ensure that dynamism and change is built into the strategic planning of the art which is on display.

DAW identified that it was important to get away from the ideas of fixed art displays, and work towards a curated series of rolling arts events, stating:

"It [art] shouldn't be fixed at the onset and then forgotten. It has to be curated. I see the public walls around the hospital as potentially a huge blank canvas...it should be dynamic and changing and built upon."

DAW Group Member

At the same time it is recognised that in a hospital that the appropriateness of subject and location are foremost. As one DAW group member states:

"We have to consider the kinds of art we have on display, yes art can be challenging, but we are not out to upset people with it. It should stimulate but also in a positive way offer a distraction away from the reasons people are in the hospital in the first place"

DAW Group Member

Connecting Artists and Audiences

From the initial planning stage, the project has witnessed the steady growth of artists involved with the hospital; where they now see the hospital as a viable space in which they can display their work. The following quote came from an artist who has presented their work within the hospital:

“My experience of exhibiting at the hospital has been very positive for me. It has been a high profile venue for showing my paintings as lots of all kinds of people pass by and are in some way touched by the work. It has made me think more about what impact my paintings might have on people.”

Deborah Allitt

How the artwork is perceived is perhaps incidental to the greater achievement that the people are willing to engage with it; to take notice of it and address art in their environment.

Whatever way it is received, the **air** team view this as a success.

“The people who visit regularly now see how it works. Of course, there’s a broad spectrum of people, there are some who have a deep appreciation of art. Then there are people who ordinarily don’t access the city’s art provision who are now engaging in conversations about contemporary art and forming opinions, which is great.”

Juliet Cooper Arts Coordinator

“Your cartoons in the hospital are such fun - they have relieved a traumatic situation and given me a chance to smile... my husband had just been diagnosed... and your cartoons made us think that there was still much to smile about!!”

“It draws you in and takes you on a journey...”

Patient feedback to artists exhibiting at Royal Derby Hospital



Exhibiting Artist Elaine Lim-Newton

Opportunities to Take Part

air have commissioned a series of “artist in residency” participation projects funded directly by the Arts Councils Grant for the Arts Award. These sessions have brought artists together in direct contact with patients, visitors and staff with the focus of distracting from the illness experience and enhancing the hospital experience for patients. The work undertaken may not be defined as formal art or music therapy. Nevertheless, the findings demonstrate the interventions have in some way added to the patients’ wellbeing.

(Case study examples of participation work in departments can be found later in this document.)

Image Club

Based at Royal Derby Hospital the Image Club takes advantage of the growing interest in the arts amongst staff and volunteers. The group meets monthly and is facilitated by photographer Valerie Dalling who alongside invited guests from the local arts community engages the group in conversations on ways of seeing, taking and curating photography. Notable speakers in the last 6 months include photographer Paul Hill and painter Heather Duncan.



Paul Hill Artist Talk at the Image Club

Mural painting in the Emergency Department enhancement led by Artist Lynne Hollingsworth



Departmental Enhancements

As many of the hospital departments finally settle in to their new environments the staff are looking for ways in which to personalise and enhance their ward, waiting and treatment areas for patients. **air** and DAW are able to support department enhancement schemes by sharing contacts of locally based artists, and where appropriate supporting brief development and advising on the engagement of artists for commissioning.

“We asked patients and carers what they thought was important in enhancing the look and feel of our department. We were able to create spaces that were both beautiful to look at and calming. This has proved helpful in providing some welcome distraction during what can be a distressing time.”

Miss Susie Hewitt, Lead Consultant Emergency Medicine and DAW member.

Next Steps

Utilising the findings from this report and with the continued support of DAW, the Trust and its partners, both public and private, the **air** team sets out to advocate the programme for the future aiming to:

Celebrate and share the Derby model of working.

Assist in the application of public arts to enhance the environment and experience of patients, visitors and staff.

Seek public and private sponsorship to keep the performance programme running.

Further connect to the Trust's London Road Community Hospital site currently under redevelopment to ensure **air engages as far as possible with all Trust patients, visitors and staff who wish to access it.**

Maintain the quality, range and public engagement of the programme.

Secure funding to take departmental participation work with patients forward, securing consistency and a legacy for patients and staff.

Secure permanent archive and exhibition space for Hidden Histories so the objects can be catalogued and preserved and that stories can continue to be imagined and retold.



1623 Theatre Group

Performance Events and Interactions

This highly valued strand of the programme brings music and drama-based events to the public spaces of the hospital. Among these arts events feature regular seasons of live music performance, with excerpts from Shakespeare, interactions from theatre group Maison Foo and storytelling from members of the Flying Donkeys.

Poetry in the Waiting Rooms

Five small volumes of work, have been placed in hospital department's waiting rooms. They offer a contemplative distraction at a time when patients perhaps need it most. The success of this publication has encouraged the commissioning of a writer-in-residence Jo Bell for 2010 who will explore the 'patient experience' of hospitals.



The Music Performance Programme

The music programme provides the opportunity to bring live performance to the hospital, in key public locations. Within the programme visitors, staff and patients have had the opportunity to listen to and watch a diverse range of music from string quartets, harp recitals to guitar and flute duets. Monitoring accounts of all the music events indicate that on average the passing audience were between 300 and 1500.

Feedback identifies its impact as a welcome addition to hospital life, a change to routine and a way for patients to be distracted from their illness experience for a moment.

“It was lovely to hear music filling the entrance to the new hospital. It was good to immerse myself in the music for a brief period and also amusing seeing people trying to work out where it was coming from!”



Derventio Quartet

“Personally, I was on my way out the door after a gruelling 3 ½ hours as an outpatient and visitor when the music stopped me in my tracks...; soothed my soul for a few minutes.”

“It was a lovely peaceful moment in a hectic life – it helped me cope with the rest of a horrendous day. thank you.”

“Next week I will be coming here as an inpatient, this positive experience will help me walk through the door.”



Top: Kaleidoscope Singers
Above: Stroke Unit patients watch music performance

Dealing with both illness and a protracted stay in hospital does have a profound effect on wellbeing. Comments from patients and visitors who deal with long-term care, demonstrate that the break with routine offered by the music sessions brings sought after diversion. With the music events being well advertised across the hospital site, it was observed that patients and their visitors took the opportunity, when possible, to come out of the ward environment to listen to the performances:

“Very relaxing interlude; listening to the piano recital in the gallery. A great help at a time of worry and concern (my dad is very ill) a wonderful idea thank you.”

“It’s great to hear the music within the hospital, very enjoyable and brings a bit of joy into a routine day.”

“These events should be encouraged many long-term care patients are enjoying the programme of events.”

Central to the health culture of all hospitals is its staff. It is their efforts and attention to care that shape the environment for all that come into the building. Previous research has recognised that along with patient wellbeing, promoting staff wellbeing, through job satisfaction and feelings of appreciation is important to the delivery of excellent care. Reflecting the importance of a positive working environment, staff members were also invited to give their views on the music recitals.

“I brought my nephew and my brother to see the Derventio string quartet playing in the cancer services entrance on Friday. Just wanted to say how much we all enjoyed the performance, and also how many appreciative comments we overheard from patients, visitors and staff. I hope these recitals are going to be a regular thing – and well publicised. Even if it means my nephew dragging me into the hospital on my day off!”

“As a member of staff I found it very good to be able to have a short break from the office and listen to music for 15 or 20 minutes.”

And finally, the next staff quote perhaps testifies to the fact that the music does not have to be sought out to be appreciated. The comment indicates that as music has no boundary, it moves in to unexpected spaces, making the hospital environment a better place to work:

“Over recent weeks we have had the pleasure of listening to live performances by musicians seated near the blood clinic and junction 4. Today there was a harpist and we would like to thank the person who has arranged these performances as they have been a pleasant interlude to accompany our very busy working days.”

Music Participation in Cancer and Rehabilitation Services

African drumming and singing workshops were presented by solo African drummer Richard Olatunde Baker, who, over a number of tightly scheduled days delivered drumming performances to a huge range of in and out patient spaces across the Trust's Rehabilitation and Cancer directorate. The purpose of the events were expressed in the planning aims as:

- **The aim of this project is to create a welcome distraction from the constant thoughts about illness and treatment.**
- **To provide new experiences for patients and for them to explore new sounds and music from another culture.**

The sessions offered hands-on music-making using African drums and associated instruments. Workshops included an introduction to a variety of unusual instruments, where patients were able to experience the sounds of the different drums and learn about the traditions associated with them. Where appropriate, performances included bedside visits and wandering minstrel activities around the wards.

“I wouldn't have missed this for the world – it's been the only topic of conversation for the past few weeks at lunchtime.”

“We were all taking part and all playing together – we can take our drums to bed tonight and talk to each other through the walls.”

Patient and visitor comments.

“We've had very good feedback, very enthusiastic. If we could do this more and get into a routine, it would be amazing – people are in here for several months and even years, it helps to raise their spirits, give them something distracting and purposeful to do. Helps with co-ordination and offers them different neurological pathways to aid with recovery. They could really benefit with regular input.”

Senior staff member comment.

“Can I just say that the session we had yesterday was amazing and we thoroughly enjoyed it. It was also of great therapeutic benefit to our patients. We would certainly love to have regular such sessions.”

Senior staff member comment.

“Richard is great, very professional, adaptable in a kind and fun way with patients, young and old, without patronising them. The sessions yesterday went very well including one in Kings Lodge who I think would very much like some more. Apparently it was unusual and very valuable for the patients to get together and work together like that.”

Participation Coordinator.



Opus at "The Grove"

The Opus group at The Grove elderly rehabilitation wards involved musicians attending six weekly half-day sessions. The purpose of the sessions was to deliver a musical performance over lunchtime in the wards followed by an interactive workshop between musicians and the elderly ward community.

The overall aim of the project identified by ward staff was to encourage patients to eat lunch together in the main communal area. It was hoped that the music events would give a focal point for social interaction among members of the ward community, thus alleviating boredom and depression. It was felt that patients were not making use of the communal area and that subsequent low interaction among patients was resulting in instances of isolation.

By offering this musical interlude, individuals were encouraged to interact with musicians and fellow patients. According to Opus' reporting, over the six sessions an average of 14 patients participated well supported by staff.

"It was quite surprising how quickly we all worked together; good community spirit and very enlivening."

Patient feedback

The group reported that as the session progressed patients grew more involved with the activity. The following list of achievements taken from the programme evaluation gives credence to the perceived benefits of maintaining elderly patients' community involvement:

Achievement throughout the six sessions included:

- **Chatting to patients about their lives, their musical backgrounds, memories about lives and music.**
- **Spontaneous singing/humming/tapping along**
- **Singing along with various words to well known songs – reminiscing about songs they sang in the army, at school and in the pub**
- **Gradually, patients relaxed over the weeks and started suggesting songs and requesting particular instruments – more interaction, initiation and movement**
- **Communication across the room, between patients increased throughout the programme**
- **Level of musicianship, the ability of the patients and their concentration.**

As part of the evaluation exercise, the Opus group gathered the following feedback from patients:

"Very good, very nice, really enjoyed it, usually you sit here and there's nothing to do and people are asleep. This is brilliant, I really enjoyed it."

"A fantastic time, we were talking about it for days and it covered a good age range – look forward to hearing more!"

The members of the ward staff who were involved also reported on the positive interaction afforded by the music sessions. In addition, a brief questionnaire given to staff recorded that staff 'strongly agreed' with the statements:

- **patients benefited from being involvement in the session**
- **there should be more ward based arts activities**
- **art helps to distract patients from their illness experiences**

Members of staff also made the following comments:

"Staff and patients enjoyed the musical session and we are looking forward to the next one!"

"Patients and staff have really enjoyed music session and would like them to continue if possible."

Head of Ward

"The overall response to these events has been positive. We are hopeful that this is not the last we see of you all. Many thanks."

Opus' work with "The Grove" elderly rehabilitation wards has been identified as a valuable project to develop further.





Storyteller Shona Leigh

Flying Donkeys Storytelling in the Stroke Rehabilitation Unit

For a large number of individuals who have suffered a stroke, they can experience the loss of sensory awareness (Schabrun & Hillier 2009). In such conditions, clinical research suggests that patients are offered passive sensory training to improve for sensory deficits.

The Flying Donkey's "Breathing Stories into Life" project was conducted in the Stroke Rehabilitation Unit. The project offered patients and families the opportunity to come together to listen to stories and tell their own life stories. The project was presented to patients over 12 sessions, with local storytellers facilitating each event.

The project aims were:

- **storytelling activities would be employed for the purpose of raising the general mood and motivation of the group participants.**
- **through clinical guidance, individual patient needs towards speech and language deficits.**

These two objectives would be achieved through storytelling, a facilitator planning the group activities, with speech therapists setting individual goals for patients.

The following brief comments from departmental staff illustrates the level of patient participation that was reached as the sessions progressed:

"Several patients were enabled to tell stories from their lives."

"Chat is as important as listening."

It is evident from the feedback and recorded notes taken from the sessions that The Flying Donkey project managed to achieve the right balance of arts entertainment and individual participation.

A great deal of planning went into the programme before it commenced, the organisers demonstrated a level of flexible practice, which ensured that as the project progressed changes were made to the sessions that responded to the needs of participants. For example, the need to strike the right balance between passive and active engagement.

"Bringing a guest storyteller onto the unit this summer has been a highlight in some of the patients' experiences of recovery, and it would be useful to explore the possibilities of initiating a new project with staff first, so as to integrate patients' experience with their carers."

Staff Member

The full report including further project examples can be found at www.airarts.net





air



Thank you to the following organisations for their continued support.



Derby Museums and Art Gallery



Photograph credits: Laura Ellen Bacon, Shelley Cummings, Valerie Dalling, Hannah Fox, Lynne Hollingsworth, Maison Foo, Will Stone and 1623 Theatre Company.

A special thank you to the artists and key individuals who have committed their time and energy achieving the programme to date.

For further information contact Juliet Cooper Arts Coordinator on email cooper@hcp.co.uk or telephone 01332 786 203

www.airart.net

